



DOGGY BIRTHDAY CAKE

Ingredients

- 1/2 medium sweet potato, cooked & mashed
- 1 tablespoon honey, optional
- 1 egg
- 1/2 cup peanut butter
- 1/2 cup applesauce
- 2 medium carrots, grated
- 1 tablespoon flax seeds, optional
- 1/3 cup oatmeal (quick cook or old fashioned)
- 1/3 cup whole wheat flour
- 1 teaspoon baking soda
- 2 teaspoons vinegar



Directions:

Preheat oven to 375° F (190° C). Coat a 9 -inch cake pan with non-stick cooking spray.

Combine the mashed sweet potato, honey, egg, peanut butter, and applesauce in a medium mixing bowl until everything is thoroughly mixed. Add the flax seeds, oatmeal, and flour and mix well. Add the baking soda and vinegar then mix everything together one final time. The mixture will fizz and foam due to the reaction of the baking soda with the vinegar, giving the batter an airy texture.

Pour the batter into the prepared cake pan and place in the oven. Check on the cake after 45 minutes. The cake should be completely set, so test with a knife or toothpick before removing from the oven.

Cool completely before eating. Makes 1 9-inch doggy birthday cake or 2 6-inch cakes.

